

# Fetal Alcohol Spectrum Disorders Presentation

## CIRBY HILLS CAFETERIA

Wednesday, September 15, 2010

8:30 a.m. to 12:00 p.m. OR 1:00 p.m. to 4:30 p.m.

Fetal alcohol damage affects between 2 and 5% of us. Most are totally normal-looking and -sounding, and have normal IQs. But the brain connections that allow for good decisions, responsible behavior and self-regulation are damaged. People with Fetal Alcohol Spectrum Disorders are rarely diagnosed, and are almost never considered to have a disability--it looks for the most part like simple bad attitude. But if we look through the lens of FASD we can learn to recognize the signs. Then, using principles developed across a wide variety of practice and research, we can tailor interventions so that everyone's frustration goes down, and the person with FASD has a better chance of succeeding in life. Anyone serving a population that has a hard time "keeping it together" will recognize these children and adults (often multi-generational) in their clientele. They are the most frustrating, least successful and often most costly clients. We can improve the situation a lot if we factor in this particular array of disabilities.

### Learning Objectives:

- Recognize the scope and patterns of FASD-related behavior in their most difficult clients (Adults and Children)
- Describe the neurological components of prenatal alcohol damage
- Adapt interventions to maximize success
- Use the neurobehavioral framework to enhance multi-agency approach

### PRESENTER:

- Kathryn Page, PhD.

- **This training is available free for all Systems of Care staff and Network Providers.**
- This course meets the qualifications of continuing education for MFT's and/or LCSW's as required by the CA Board of Behavioral Science and satisfies three and one-half (3.5) hours of continuing education. Provider #3816
- This course meets the qualifications of continuing education for Registered Nurses required by the CA Board of Nurse Examiners and satisfies three and one-half (3.5) hours of continuing education. Provider # 10384.
- CSOC and ASOC Staff should register on line using the Trilogy e-learning web page <https://elearning.networkofcare.org/PlacerCAHHS/>
- Providers register by calling Mary Ann Medeiros at (530) 886-2865 and include your license number.